IGNITE
RELATIONSHIPS
STUDIO

STRINGS ATTACHED

Couples Therapy & Relational Coaching

Premium. Discreet. Confidential.



THE RELATIONSHIP YOU SHARE

Be the authors of your love story

Together, shape its next chapter into one that feels more fulfilling, harmonious and alive.

Every relationship carries its own history, patterns and hopes. We create room to listen more deeply to what is happening between you, and within each of you. We believe you hold your own relational intelligence. Our role is to help bring it into focus, so the choices you make feel considered and your own.

We welcome couples of all sexual orientations and consensual relationship structures.

01 When the relationship feels difficult to reach

Explore repeated conflict, emotional distance, hurt, shifts in trust or intimacy, betrayal, rupture, family pressures and major life transitions.

02 When you want to bring greater intention to your relationship

Deepen harmony, communication, emotional closeness, sensuality and vitality. Make space for a new chapter, including the possibility of children.

03 When you want a steady place to return to

Reflect regularly, stay connected to shared intentions and receive support as your relationship evolves through change.

A whole-relationship perspective

We consider how psychology, neuroscience, attachment and personal histories shape each partner and the dynamic they create together. Depending on your needs, sessions may include psychotherapeutic conversation, coaching, mindfulness, deep reflection, guided regression, creative relational activities, movement or Latin dance-inspired exercises. We also consider the wider ecosystem around you, including children, family and the circumstances of your lives.

A STRUCTURE FOR THE WORK AHEAD

Choose the journey that feels right for you

Each journey offers a different rhythm of individual reflection and shared work.

Relationship Clarity Journey

Three sessions: one 90-minute individual session for each partner, followed by one 120-minute session together.

All Inclusive Fees: THB 19,000

Relationship Growth Journey

Six 120-minute sessions together, shaped around the relationship you want to create and the changes you want to sustain.

All Inclusive Fees: THB 42,000

Deeper Partnership Journey

Nine sessions across approximately three to four months. Each of three rounds includes one 90-minute individual session for each partner, followed by one 120-minute session together.

THB 54,000

Begin with a conversation

Initial consultation

90 minutes for one partner or both partners to share what brings you here, explore what you hope for and consider a way forward.

All Inclusive Fees: THB 3,000

Private consultation

A 120-minute private session in the studio, for one partner or both partners.

All Inclusive Fees:
One partner THB 6,000
Both partners THB 7,500

If you choose to begin a relationship journey, the initial consultation fee is applied toward the fees of the selected journey.

Every in-studio session includes a dedicated private space and tea. Confidentiality and its professional or legal limits are discussed before you begin.

MEET THE SIBILINGS, FERNANDO AND LUX

A compassionate presence for the work you choose

Fernando and Lux bring complementary experience in psychotherapy, coaching, relationships and human development.



Fernando Hettiyadura

Registered Eclectic Psychotherapist · ICF MCC

Fernando specialises in relational trauma and psychedelic integration. He holds an MSc in Counselling Psychology and postgraduate qualifications in Clinical Psychology, Ayurveda Psychology, and ICF Designated Master Certified Coach, and certified in delivering clinical regression, including clinical hypnotherapy and transpersonal therapy. He currently pursues a PhD in Psychology.



Lux Hettiyadura

Family Development and Relationship Specialist · ICF PCC

Lux holds a BA in Early Childhood Education, ICF Designation Professional Certified Coach, and is pursuing an MSc in Counselling Psychology currently. Her further training includes Montessori education, Ayurvedic Psychology, children's mental health, polyvagal-informed practice and trauma-informed yoga therapy.

Begin with a confidential consultation.

Ignite Relationships Studio offers a calm, private setting at Habito Mall, Sukhumvit 77, Bangkok.

+66 83 803 9030 **connect@igniterelationships.studio** **igniterelationships.studio**